



Understanding Strengths-Based Leadership

A Focused Learning Plan

Bring out the best in yourself and your team by leveraging a strengths-based approach to leadership— even if you’re leading from below.

1. Watch [“Leveraging Your Individual Strengths”](#)



75 mins



Webcast Recording



Post-Session
Homework

Before you can lead others effectively you need to understand your own strengths as a leader. In this webcast, you’ll learn what your strengths really mean and how they help you succeed in your role. Make sure you download the resource packet and complete all activities described in the webcast.

2. Watch [“Leveraging the Strengths of Your Team”](#)



75 mins



Webcast Recording



Post-Session
Homework

Building upon a strength’s based approach, learn how to combine your strengths as a leader with those of your team to assess your team’s ability to accomplish goals. Make sure you download the resource packet and complete all activities described in the webcast.

3. Complete & Submit Your Final Reflection!

Please complete all of the reflection activities on the next page. Don’t forget to submit your work once it’s complete.



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Final Reflection

Please confirm that you've completed each of the following activities:

I have watched "Leveraging Your Individual Strengths" and completed the exercises from the resource packet

I have watched "Leveraging the Strengths of Your Team" and completed the exercises from the resource packet

Then, answer the following reflection questions:

1. Identify one of your strengths. How will it help you in your role and how might it be tied to your overall success?

2. Think of a professional goal that your team is pursuing. How might your own strengths, domains of leadership, and those of your different team members contribute to accomplishing that goal?

Once you're done, submit your work to receive proof of completion.

Please email your completed PDF to austin@academicimpressions.com

If you would like us to notify your supervisor of your completion of this focused learning path, enter their email in the box below.