



# Improving the Effectiveness of Your Decision Making

## A Focused Learning Plan

Work through the following trainings to be ready to start practicing better decision making the next time you find yourself facing a tough call.

### 1. Watch [“3 Ways to Improve Your Decision-Making”](#)



60 mins



Webcast Recording

*As an introduction to understanding decision making, learn about cognitive biases that impact decision-making and practical methods that can help you make sound decisions when it matters most.*

### 2. Read [“Presidential Dialogues: Making Difficult Decisions”](#)



20 mins



Whitepaper

*Now that you have a foundational understanding of cognitive biases that impact decision making, gain perspective and advice from 6 leaders from very different institutions on how they have approached making difficult decisions when they did not always have perfect information and/or knew they would encounter resistance.*

### 3. Watch [“5 Ways to Learn from Failure”](#)



60 mins



Webcast Recording

*Build upon your understanding of decision making by learning the neuroscience behind why we avoid failure and how it can impede sound decision making. In this webcast, you'll leave with discrete strategies for how to shift perspectives on failure, even when your natural tendencies make it hard.*

### 4. Complete & Submit Your Final Reflection!

*Please complete all of the reflection activities on the next page. Don't forget to submit your work once it's complete.*



# Improving the Effectiveness of Your Decision Making Final Reflection

Please confirm that you've completed each of the following activities:

I have watched "3 Ways to Improve Your Decision-Making"

I have read "Presidential Dialogues: Making Difficult Decisions"

I have watched "5 Ways to Learn from Failure"

Then, answer the following reflection questions:

1. Pick a cognitive bias that you struggle with (overconfidence, anchoring, or confirmation bias) and write a strategy using one of the methods (pre-mortem technique, 10-Step Method, or Smith's 7 Useful Checks) learned today to help you work through that bias.

2. Apply each of the 3 skill sets that emerged from the presidential skill sets model (act courageously, relational skill set, and understanding your operating environment) to your own situational context and decision making.

Once you're done, submit your work to receive proof of completion.

Please email your completed PDF to [austin@academicimpressions.com](mailto:austin@academicimpressions.com)

If you would like us to notify your supervisor of your completion of this focused learning path, enter their email in the box below.