



5 Essential Questions All Supervisors Need to Ask Themselves

Periodically asking yourself the following 5 questions will help you check in with yourself and reflect on how well you are doing as a supervisor.

1. How do I add value to the supervisory relationship?

2. Do my people trust me?

3. Am I accessible and available?

4. Do my people seek me out for my advice and perspective?

5. Do I show meaningful and authentic appreciation?